



BOYS & GIRLS CLUBS  
OF KINGSTON, NY

# Women's Woodstock Cycling Grand Prix

## 3DAYS of ULSTER CYCLING

Registration/Community Dinner: May 3

Races: May 4-5, 2019

All races are USAC-sanctioned. Permit # 2019-1112

Part of the Velotooler Cup - [vtooler.com](http://vtooler.com)

Presented by the Woodstock Fire Department

Ulster County - New York



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The **WWCGP** is a two-day competitive cycling event consisting of three **WOMEN-ONLY** bicycle races on national caliber courses. The goal of **WWCGP** is to provide a safe and challenging experience for the fastest growing section of the sport of bicycle racing. Proceeds to benefit the Woodstock Fire Department, and the Boys and Girls Club of Ulster County.

For more information: <http://www.womenswoodstockcycling.com>.

### GENERAL EVENT SCHEDULE

Saturday, April 20 and 27, 2019 - RECON RIDES, Mountain View Parking Lot, Woodstock, NY

Time	Event	Location
10:00 am	RR Course Reconnaissance Ride* - FREE	Mountain View Parking Lot, Rock City Rd.

\* FREE, but R.S.V.P. is required. Please contact us for more information at [wwcgp2014@gmail.com](mailto:wwcgp2014@gmail.com)

Friday, May 3, 2019 – REGISTRATION, NUMBER PICK UP, and WWCGP COMMUNITY DINNER, Woodstock, NY

Time	Event	Location
6:30 – 7:00 pm	Registration and Number Pick Up	Woodstock Fire Department, 242 Tinker Street, Woodstock
6:30 – 8:00 pm	Community Dinner (\$10/racer; \$14/public)*	

\* R.S.V.P. is required. Limited to 125 guests. Please contact [wwcgp2014@gmail.com](mailto:wwcgp2014@gmail.com) with 'WWCGP Community Dinner' in the Subject line.

Saturday, May 4, 2019 – REGISTRATION, INDIVIDUAL TIME TRIAL (ITT), Phoenicia, NY

Time	Event	Location
8:00 – 9:00 am	Registration and Number Pick Up	Saint Francis de Sales Church, 109 Main Street, Phoenicia
9:00 am Start	Individual Time Trial (Road Bikes Only)	Mandatory Parking: Parish Field
Following	ITT Awards	

Saturday, May 4, 2019 – CIRCUIT RACE (CR), Saugerties NY

Time	Event	Location
1:00 pm - 2:00 pm	Registration/Sign-in	Kiwanis Ice Arena, 6 Small World Ave, Saugerties Parking: High School, 310 Washington Ave
2:00 pm	Category 4/5 Circuit Race - 40 min	
Following	Kids' (4-14) sprint	
3:00 pm	P/1/2, 3, M45+, M55+ 60 min	
4:30 pm	CR Awards	

Sunday, May 5, 2019 – ROAD RACE and AWARD PRESENTATIONS, Woodstock, NY

Time	Event	Location
6:30 am - 7:30 am	Registration/Sign-In	Community Center, 56 Rock City Road, Woodstock
8:00 am	P/1/2/3, M45+, M55+ 62 mile Road Race	
8:10 am	Cat 4/5 34 mile Road Race	
11:30 am	RR Awards, Omnium Awards, Expo, and Post-Race Barbeque!	

RACE SCHEDULE

Saturday, May 4, 2019 – INDIVIDUAL TIME TRIAL (ITT), Old Rte. 28/Plank Road, PHOENICIA, NY

Time	Race	Category	Dist	Pre-Reg Fee*	ITT Places	ITT Prizes	Field Limit	Start/Finish
9 am	ITT	Category Races** Road Bikes Only	6.2 mi	\$35	3	Medals & Merch	N/A	109 Main Street, Phoenicia, NY
	ITT	OPEN Race (non-USAC/one-day licence)	6.2 mi	\$25	3	Medals & Merch	N/A	109 Main Street, Phoenicia, NY

\*Pre-registration on <https://www.bikereg.com/wwcgp>. Registration for **ITT-Only** entries will increase \$10 after pre-registration closes 5/2 at noon.

\*\* ITT Start Lists will be developed and posted by 5/3/19.

Saturday, May 4, 2019 – CIRCUIT RACE (CR), SAUGERTIES, NY

Time	Category	Distance	Pre-Reg Fee *	CR Places	CR Prizes	Field Limit	Start/Finish
1 pm	Registration						402 Washington Ave Exd., Saugerties NY
2 pm	Category 4/5	40 min	\$35	3	\$120	75	
Following	Kids' (4-14) sprints- free entry						
3 pm	Pro 1/2*	60 min	\$35	5	\$600	135	
	Category 3*		\$35	3	\$180		
	45+(Cat 1-4)*		\$35	3	\$120		
	55+(Cat 1-4)*		\$35	3	\$120		

\*Pre-registration on <https://www.bikereg.com/wwcgp>. Registration for **CR-only** entries will increase \$10 after pre-registration closes 5/2 at noon.

Sunday, May 5, 2019 – ROAD RACE (RR) and AWARD PRESENTATIONS (RR and OMNIUM), WOODSTOCK, NY

Time	Category	Dist	Pre-Reg Fee *	Places RR/OM	Prizes RR/OM	Field Limit	Start/Finish
6:30 am	Registration						Community Center, 56 Rock City Rd, Woodstock
8:00 am	Pro 1/2*	62.1 mi	\$50	5/5	\$900/1500	135	
	Category 3*	62.1 mi	\$50	3/3	\$270/450		
	45+(Cat 1-4)*	62.1 mi	\$50	3/3	\$180/300		
	55+(Cat 1-4)*	62.1 mi	\$50	3/3	\$180/300		
8:10 am	Category 4/5	33.4 mi	\$50	3/3	\$180/300	75	
11:30 am	Road Race and Omnium Awards, Expo, and Post-Race Party!						
* Pre-registration on <a href="https://www.bikereg.com/wwcgp">https://www.bikereg.com/wwcgp</a> . Registration for RR and Omnium will increase \$15 after pre-registration closes 5/2 at noon.							
*Masters 45+ and 55+ will start RR with Pro 1/2 & Category 3 field. Masters and Cat 3's will be scored separately.							

**DISCLAIMER:** Race Director reserves the right to shorten or cancel the event due to weather, road conditions or recommendations from law enforcement.

**OVERALL PRIZES/OMNIUM FEES:**

2019 WWC GP OVERALL PRIZES								
FIELD	ITT (3 places)	CR (Places)	RR (Places)	QoM (1 place)	Sprint (1 place)	OMNIUM GC (Places)	Omnium Entry	Total Prizes
PRO 1/2	Medals/Merch	\$600/5	\$900 (5)	\$150	\$150	\$1,500 (5)	\$100	\$3300
Cat 3	Medals/Merch	\$180/3	\$270 (3)	Merch	Merch	\$450 (3)	\$100	\$900
M 45+ (1-4)	Medals/Merch	\$120/3	\$180 (3)	Merch	Merch	\$300 (3)	\$100	\$600
M 55+ (1-4)	Medals/Merch	\$120/3	\$180 (3)	Merch	Merch	\$300 (3)	\$100	\$600
Cat 4/5	Medals/Merch	\$120/3	\$180 (3)	Merch	Merch	\$300 (3)	\$100	\$600

**QUEEN OF THE MOUNTAIN (QOM)** is a cumulative competition of climbs that are clearly marked. Only Omnium registrants are eligible. Pro 1/2, Cat 3, 45+ and 55+ are scored separately over 3 summits. Cat 4/5 are scored together over 2 summits. (See Technical Guide for more information)

**SPRINT COMPETITION:** is a cumulative competition of sprints in the circuit race and road race that are clearly marked. Only Omnium registrants are eligible. Pro 1/2, Cat 3, 45+ and 55+ have 2 sprints in the circuit race and 2 sprints in the road race. Cat 4/5 racers have 2 sprints in the circuit race and 1 sprint in the road race.

Pro 1/2, Cat 3, 45+ and 55+ are scored separately. (See Technical Guide for more information.)

## **RACE DETAILS**

**RACE DESCRIPTION:** Two-day, three race Omnium including an **Individual Time Trial and Circuit Race** (Day 1), and **Road Race** (Day 2). Participants may register for the individual races, or the Omnium. Riders are encouraged to participate in the full Omnium event. Per-stage omnium points only apply to omnium entrants.

**Individual Time Trial (ITT):** 6.2 mile out and back course. START/FINISH is at 109 Main Street, Phoenicia, NY.

**Circuit Race (CR):** 2.2 mile loop, partially closed to traffic, timed events in Saugerties, Duration depends on category. NY. START/FINISH at Kiwanis Ice Arena, 6 Small World Ave, Saugerties, NY

**Road Race (RR):** 62.1 mi and 33.4 mi courses, depending on category. START/FINISH is on Rock City Rd in Woodstock, NY.

**ITT START LISTS:** Start lists will be posted on 5/3/19 for all pre-registered racers. Racers will be grouped by category. Day of registrations will be grouped by category if possible. Category races will include ITT-Only and Omnium participants.

**ITT BIKE RESTRICTIONS:** Mass start legal road bikes ONLY for all ITT USAC CATEGORY RACES, No clip-on aerobars will be allowed. ITT OPEN (non-USAC/one-day licence) race is not part of the Omnium and ITT OPEN riders are not restricted to riding mass start road bikes; time trial bikes, aerobars, triathlon-legal bikes, etc are welcome.

**ITT AWARDS:** ITT awards will be presented immediately following the conclusion of the race. Awards based on results of ITT Only Category Racers and Omnium Racers. ITT OPEN racers (uncategorized) will be awarded separately. Omnium participants will be awarded points for ITT towards Omnium General Classification (See Technical Guide and BikeReg for more information on point system).

**CR AWARDS:** Circuit race awards will be presented immediately following the conclusion of each race. Omnium participants will be awarded points for CR towards Omnium General Classification (See Technical Guide and BikeReg for more information on point system).

**RACE LEADER JERSEYS:** Will be provided to the leaders of each omnium group at road race check-in, based on cumulative Saturday race day results.

**RR NEUTRAL START:** Neutral start will be **4.1 miles** for all races.

**RR RACE COURSE INFO:** Surface is rough in places. Pro 1/2, Cat 3 and Masters' course includes 1 mile of gravel. Choose tires accordingly. Grades of 8% - 19%. Recommended gearing 34x28. Per USAC Rules, rider is responsible to know course. **Yellow line rule will be strictly enforced.**

**OMNIUM GENERAL CLASSIFICATION** – The Omnium is a cumulative competition of three events. Points will be awarded to Omnium participants for the ITT, CR, and RR finishes and also QoM's and intermediate CR and RR sprints. Prizes to full Omnium participants only in each category. See Technical Guide and BikeReg for more information.

**USAC RULES APPLY: YELLOW LINE RULE IN EFFECT.** Helmets are required at all times and jerseys must have sleeves (No tank-tops or vests allowed, except in ITT OPEN race per USA Cycling).

**REGISTRATION:** USA Cycling license required for all events. Be prepared to show your USA Cycling license using the USAC app on your phone. We recommend taking a screenshot of it in advance in case of poor service. We accept cash or checks, NO CREDIT CARDS. Cat 5 riders without USA Cycling licenses can purchase a one-day license online at USA Cycling or at registration for \$10 for beginners and \$25 for experienced racers. Pre-reg is available online through BikeReg.com, but closes 4/30/19 at 12:00pm. Online service fee based on Bikereg.com standard service fee rates apply.

**Number pickup and day of registration: 5/3/19 - 6:30 pm – 7:00 pm; 5/4/19 - 8 am - 9 am (TT); 5/4/19 - 1 pm - 2 pm (CR); 5/5/19 - 6:30 am - 7:30 am (RR).**

**NEAREST HOSPITAL:** HealthAlliance Hospital Broadway Campus  
369 Broadway, Kingston, NY 12401  
(845) 331-3131

**CONTACT:** Martin E. Bruhn, Race Director; 1-845-612-1672, [wwcgp2014@gmail.com](mailto:wwcgp2014@gmail.com)

*The 2019 WWCGP is dedicated to the memory of ELLEN WATTERS, a WWCGP winner whose spirit continues to inspire women of all ages in the sport of cycling, and to SUSIE DILLER and JEREMY WILBER, without whose support and encouragement this event would not be possible.*

**WWCGP 2019 TO BENEFIT THE FOLLOWING CHARITIES:**  
Woodstock Fire Department • Boys and Girls Club of Kingston

**Neutral Race Support provided by:**

